



## 1. What is TDP Far Infrared Mineral Lamp?



The term TDP Lamp is an abbreviation for **T**eding **D**iancibo **P**u which translates to "special electromagnetic spectrum" lamp.

The Far Infrared Mineral Lamp, currently approved by the FDA, was invented by a group of scientists in China, headed by Dr. Gou Wenbin. The Far Infrared Mineral Lamp has proven effective in treating numerous ailments such as muscular aches and pains, soft tissue injuries, arthritis and various skin conditions.

Early in 1970, an odd and interesting phenomenon was noted at a century-old ceramic factory in a rural area in China. This factory had extremely poor working conditions. The workers there stood in mud [ clay ] for much of the work day and the new production manager recognized these abject working conditions, becoming concerned that the workers would be troubled with arthritis and other related ailments due to standing on the cold, sodden floor for long periods of time. The ensuing investigations disclosed that the side effects of standing in the mud were the opposite of original concerns. They found that there was not a single case of arthritis among the workers.

A full-scale scientific investigation revealed a single anomaly: an electromagnetic reading in the far-infrared spectrum emanating from the kiln used to fire the ceramics. Analysis of a metallic slag in the kiln, accumulated over years of buildup, showed it was made up of 33 minerals. These minerals happen to correspond with 33 essential minerals in the human body, and when heated sufficiently, radiate far-infrared energy exactly like the human body.

The conclusion of the research suggested that the clay was the reason for such few pain symptoms.

The critical component of the TDP lamp is the heat-treated black clay. The ceramic plate emits electromagnetic waves in the infrared range of between 2 and 25 microns. The absorbed energy promotes microcirculation and strengthens the immune system as well as relieves pain in the body. It also stimulates the acupuncture points at the treatment location, and stimulates microcirculation which results in the delivery of higher levels of oxygen and nutrients to injured tissues. The emitted FIM energy penetrates up to 3½ inches.

This effect is greater in injured tissues, since there is less resistance to electrical current and electromagnetic force at locations of damage in the body.

Since far infrared promotes blood circulation, it causes the expansion of capillary vessels. Therefore, it assists in tissue detoxification and improved efficiency in the lymphatic system.

The Far Infrared Mineral Lamp has successfully treated up to 60 million patients in China, Hong Kong, South Asia, Japan, Europe, and Australia.

## 2. How TDP Lamps Work

The traditional Chinese medicine theory behind the operation of TDP lamps is based on the radiant electromagnetic frequencies that the healthy human body makes. A segment of this infrared spectrum comes from the sun, but some is blocked by the atmosphere. Some people who have studied energetic healing techniques can focus the radiant energy of the human body to affect another person. The point of the TDP lamp is to reproduce this radiant effect in a dramatically more powerful and reproducible manner. Infrared "light" is too low a frequency to be seen with your eyes, but you can feel it, as you can when you stand near a stove.

The difference between simple infrared radiation, and the TDP lamp, is that the TDP lamp incorporates a mineral plate that is heated to ionize the trace minerals. The human body relies on vitamins and minerals to repair and rebuild itself. When your immune system is weakened or you are fatigued, stressed, or have taxed your body in some way, you need minerals to rebuild and repair your health. Eighty percent of Americans are Zinc deficient. Premature grey hair can sometimes be attributed to a lack of Molybdenum. Key minerals essential to health are contained in the special mineral plate in the TDP lamp. And the body uses minerals mostly in their ionic form, not their metallic form.

There are well-known benefits to warming an injured area or strained muscle, the way soaking in a hot bath can soothe away aches and pains. The opposite is true that cold temperatures can aggravate joint pain, arthritis, and other illnesses. The TDP lamp has a penetrating heat that goes into the body 2 to 3.5 inches. Additionally, it's providing the full infrared spectrum emitted by the human body, including the part that is filtered out of sunshine by our atmosphere. Add to that the mineral plate excitation, and you have a very powerful tool for jump-starting the body's repair processes.

In studies conducted in China and Korea, the TDP lamp has been clinically shown to promote micro-circulation, that's the movement of blood in all the tiny spaces of your body so it can deliver nutrients, remove waste products, and send repair cells to do their work. The TDP lamp has also been classified by the FDA in a group of radiant devices used for the temporary relief of chronic pain and arthritis. Americans are just starting to learn about the benefits of TDP mineral lamp therapy. Abroad TDP lamps have been used with positive results as part of therapy for over 100 conditions, including, but not limited to: arthritis, joint pain, dermatitis, edema, swelling and skin conditions of all kinds, diarrhea, lower back pain, pneumonia, irregular menstruation, impotence, paralysis, infection, scars, cold and flu, angina, bone fractures, bruises, tumors, low metabolism, etc. Unfortunately in the United States, insufficient documentation has been presented to get approval from the FDA for the treatment of any medical condition. Spagyric makes no specific claims of the health benefits of TDP Mineral Lamp therapy, but provides these devices at the request of physicians and consumers who want to use them.

The simple mechanics of the TDP lamp's heating action in stimulating natural body processes can most likely help with any condition where a boost in the body's repair process is beneficial. Some patients anecdotally report 100% recovery, and most report a dramatic improvement of their symptoms of at least 40%. TDP lamps are in wide use by acupuncturists, chiropractors, and other natural health specialists in this country. In other countries they have clinics dedicated to TDP mineral lamp therapy. We invite you to try a TDP lamp yourself. Call around, find someone who uses them and go for a session. If it helps, buy one yourself for what it would likely cost for you to visit a health practitioner three times.



Additionally, you may be familiar with the eastern medicine concept of Chi or Qi (Prana, Life Force, etc.), which is the energy that flows through living things. There are only a few ways to add Qi to the body: breathing, eating,

moxibustion, an energetic healer, and the TDP Mineral Lamp. If your body is aging because you "burn the candle at both ends" or live with too much stress, you are depleting your Qi. If eating and breathing isn't enough to keep you young and healthy, what else can you do? Well, you can go see your acupuncturist or shiatsu therapist. They may use moxa (a special mugwort herb that is burned), they may use their own hands, or they may use a TDP lamp. If you can't afford to go to your practitioner regularly, and you don't want to start burning smelly herbs, the TDP lamp is your only mechanical device for restoring Qi to your body. It's not a replacement for a healthy lifestyle, but it is an economical way to take control of some of your health needs.

### 3. TDP Mineral Lamp and Clay Therapy

#### Heated Clay Packs



Combining the Power of the TDP Mineral Lamp and Clay Therapy  
Torn Muscle or Tendon: Quick Relief

In some situations, such as with wound management, a gentle and warm clay pack is more advantageous to therapy than cool clay packs. A gentle warmth will prevent wound chilling which can slow down healing, and the heat provides comfort and relief.

Since the TDP lamp alone has been used successfully to treat localized infections, the mineral lamp and clay application is a perfect marriage. One receives the benefit of the mineral lamp, the heating advantage of far infrared, and the amazing benefits of local clay treatment.

Our research over the last few months ( June 2006 ) indicates that the clay itself does not prevent the far infrared from penetrating into the body. How can we tell? When far infrared effects localized tissue, the heat spreads by resonance. If one has a damaged tendon, for example, then the heat can be felt resonating up and down the tendon, and not just below the treated location. This effect has not shown to be minimized even when a clay pack 1 1/2 inches thick has been applied, with the TDP lamp about 12 inches above the clay pack. It is very possible that the localized clay ( just like with the mineral plate itself ) conducts the infrared single, and perhaps even amplifies it.

The combination of the TDP mineral lamp and local clay therapy is ideal for:

- Soft tissue damage
- Muscle, tendon and ligament injuries
- Stimulation of acupuncture locations to the point we would call the combined therapy true "Qi Gong" therapy.
- Skin conditions
- General injuries
- Relief from localized arthritic conditions
- As part of a support system for trauma healing ( spinal cord, bone damage, etc. )
- Reduction of localized inflammation

The treatment time for application of the lamp with clay is no more than 30 minutes, no more than twice daily. If more treatments or longer treatments are required, then the lamp should only be used to keep the clay warm ( turning the lamp on and off, or moving the lamp further away from the body ).

The TDP lamp can be used with clay compresses as well, as long as one considers that the added heat will cause the clay to dry very quickly.

Our end analysis of the combination of clay and the TDP lamp is that this unique treatment is better than the Lamp used alone, and also better than a clay pack used alone. However, our analysis is based on subjective information.

## Case Study: Dermatitis

Prior to therapy, this patient was self-applying an ointment for dermatitis prescribed by a hospital physician. The condition persisted for several weeks and was painful and itchy. The patient came in on August 21st for treatment with TDP Lamp therapy.



After one week of exposure at the TDP Lamp clinic in Korea, once a day, each day, for 60 minutes, the patient's condition visibly improved. The soles of the feet were free of painful lesions, and most of the affected areas had yellowed and formed scabs. The patient was still anxious.



After two full weeks of exposure, the majority of the scabs had fallen off, and there was a dramatic improvement over most areas of the patient's body. Medically supervised therapy continued on the same schedule to clear up all remaining evidence of the dermatitis.



The regimen was considered complete on September 18th with a 100% recovery from the previously serious dermatitis condition. The patient reported the shame of their previous physical appearance had passed, and the family had stopped acting as though the patient was unclean.